

Working with Horses for Natural and Authentic Leadership

See yourself through the eyes of a horse, and you **see your true nature**.

Our starting point with any group is with our horses. Simply put, horse work is our assessment tool. While more traditional approaches can be valuable to how we understand ourselves and each other, few are so immediately transformative.

Our equine-assisted activities (non-riding) allow the horses to teach you and show you parts of your leadership that need more room to play.

As prey animals, horses possess exquisitely attuned emotional sensory systems and they are able to pick up on the ever-changing nuances of other mammals' internal workings as they assess for safety. The cohesion of the herd is at the heart of the group's surviving – and thriving.

They rely on a **radical commitment to awareness** and to an ever-present feedback system flowing through their herd. This unique sensing system allows the horses to read each other and their environment so they can detect danger and look for opportunities to rest in safety and be in harmony.

It also allows them to read us and to notice the places where we are blocked. Because so much of our innate power of leadership is trapped in our thoughts and often self-defeating scripts, our truest desires are just out of our reach.

This is an opportunity to **get honest AND gentle feedback** from your equine teachers and coaching and support from your human facilitator. What we offer is different from other leadership growth programs. No conference rooms. No powerpoint slides. No blah blah blah.

You will leave a Pathfinders experience with an open channel of your authentic power ready for you to bring into your world.

It's time to wake up your Natural Leadership and more deeply experience your life.

We offer dozens of safe ways to interact with horses. Your retreat day or leadership development day will be full of opportunities to learn with these amazing animals and truly understand your own personal, natural leadership in a deep and lasting way.

You don't need any experience with horses to gain valuable insights and make big changes through our work. All of our workshop activities are on the ground and completely adaptable to meet individual needs.

The horses are our starting point because they are always honest and magnetized to authentic relationships. In just moments of interacting with a horse, you will **see your core leadership themes and stories emerge.**

Facilitation and guidance will help you make on-the-spot mindset shifts and you will experience the freedom of a non-judgmental space to experiment with your Natural Leadership, new skills and new tools.